

קולנו

Jewish Federation of Ulster County
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בס"ד



KOLENU OUR VOICE

September/October 2013

HIGH HOLIDAY ISSUE

Elul/Tishri 5773/5774

Rabbi Jonathan Kligler
Woodstock Jewish Congregation

Holidays not only mark the passage of the seasons, they also mark the passage of the years. At the High Holy Days, we take stock of where we have been, and think deeply about where we are going. The older I get, of course, the more acutely aware I become of the passage of time, its preciousness and mystery. I recently celebrated my 25th anniversary with the Woodstock Jewish Congregation, and my 25 years in Ulster County, and it has been an occasion for reflection for me. When I first arrived as a student rabbi at the Woodstock Jewish Congregation, we met once a month for Shabbat Services—very different from the busy congregation that we have become. Our Jewish Federation was still known as the Kingston Jewish Federation. The name eventually was changed to the Ulster County Jewish Federation, acknowledging the growing Jewish presence in Woodstock and New Paltz and around Ulster County. When I first arrived, Rabbi Jonathan Eichhorn of Temple Emanuel and Rabbi Judah Fish of blessed memory of Congregation Ahavath Israel warmly welcomed me and

Rabbi Yael Romer
Temple Emanuel

“School on the Sabbath”... in some Jewish circles this might be considered scandalous. As a practicing Rabbi for 25 years, understanding the realities of modern Jewish families in the Hudson Valley, not only am I convinced that religious school on Saturday is fabulous, it is undoubtedly the future for and cutting edge of American Judaism and ultimately, the real deal.



This year Temple Emanuel celebrates 160 years of creating an exciting Reform presence in the Hudson Valley. We cherish a deep connection to tradition with lively spiritual worship. Our Sabbath and holiday services offer inclusive Judaism through music and singing and joy. Children want to be at services. A Sabbath doesn't pass without folks getting up to dance. We are a congregation steeped in learning. We are committed to *tikun olam*. Temple Emanuel has become a modern egalitarian congregation shaping the future of Judaism and cultivating an authentic Jewish experience

that we want for ourselves and that we choose to share with our children. **Moving our Religious School Program**

continued p. 3

May you begin this new year with family and friends near, and may all of your days bring you peace, good health and much happiness

L'Shanah Tovah



KOLENU OUR VOICE

Kolenu is filled with facts and information about Israel, the community, and world Jewry.

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Office Hours: Monday through Thursday, 10am-3pm; Friday, 10am-1pm.

Kolenu is published 4 times a year:
Passover, Annual Meeting, High Holiday, and Chanukah

You are important to Federation. We are a community without borders. We hope this issue will inspire, inform and increase your participation and support.

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MISSION STATEMENT

We are a community-building organization that enriches Jewish life locally, nationally, in Israel, and around the world by helping those in need and fostering Jewish values for the greater good.

Thank you to Rabbi Jonathan Kligler and Rabbi Yael Romer for sharing their wisdom.

For the next issue (Hanukkah), we will continue to contact our rabbis and look forward to hearing from them.

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Rabbi Jonathan Kligler...

offered their support and advice—and I needed it! How strange for me to now be a senior presence in our Jewish community, a generation later! I hope I can offer the kind of warm and sage presence that was offered to me by my predecessors.

I am humbled and grateful to have made it to another Rosh Hashanah.

I know that I can speak for many of you when I say that as I age, each year becomes more precious. And at the High Holy Days, as I greet my community and wish them a sweet new year, I scan the congregation and take note: here is the widow whose husband was buried a few months ago; here is a young mother who became a Bat Mitzvah at our shul 20 years ago, and now has a baby of her own; here are strapping teenagers who I remember naming; here are grandparents who, when I met them, were young parents themselves. This is a great gift of living in the same community for so many years; we travel through life together.

Our congregation erects a big white tent every year at the High Holy Days, to make certain that there will be room for everyone who wishes to attend. In my mind's eye, the tent fills with not only the living, but also with all those who have passed on and whose memory lives in us still. After 25 years, and many funerals, we bring more and more memories with us and the tent fills even more with both the living and the dead. Interestingly, I do not find these reflections morbid. I find them comforting and uplifting. For truly, no one lives forever—no one. **The preciousness of Jewish community is that we link our finite lives with generations stretching back 3,000 years, and with hopes extending into the infinite future.** The Jewish community provides a context, a matrix, in which my single life becomes woven into a great fabric of community, history and humanity.

Judaism teaches us to recite blessings of gratitude on literally every occasion: before we eat, when we rise from bed, when we go to the bathroom, when we celebrate a holiday, when we see a rainbow—every possible moment in our lives merits a blessing of gratitude. Having reached the age at which I no longer feel immortal, there is one blessing in particular that finds its way to my lips more than any other. In fact, if I had to choose only one blessing that I could recite, it would be this one: **Baruch Ata Hashem, Elokeinu melech haolam, shehechianu v'kiymanu v'higyanu laz'man hazeh. Praised are You, Source of Life, for keeping us alive, sustaining us and allowing us to reach this moment.**

As we enter a New Year, first and foremost I say: Thank God we're alive, that we are able to breathe the good air, that we still can love one another and cherish the gift of life. May this feeling of gratitude uplift all of us through the unknown yet inevitable complications, struggles and difficulties of the coming year, and remind us to enjoy our stay on this astonishing planet.

Lshana Tova Tikateivu - May you be inscribed for a good year.

Rabbi Yael Romer...

from Sunday to Saturday is part of this vision.

What more could a Jewish congregation hope for on the Sabbath? Young people learning Torah, the doors of the synagogue open wide and the *Beit Kneset* overflowing with people of all ages—engaged in prayer and learning and community.

I am convinced that the Jewish community in the Hudson Valley cares deeply about its Judaism and wants to impart identity and Jewish values to our children. And life is complicated and busy. We are balancing a myriad of demands and activities of our secular commitments and of our diverse family configurations and backgrounds. We are picking, choosing and prioritizing. Families bringing their children to religious school on Sundays or midweek are not regularly attending synagogue on Shabbat. But Judaism is not a religion by proxy. We cannot teach our children to love the Sabbath if they do not celebrate the Sabbath. We cannot teach religion solely in a classroom without experiencing dynamic meaningful “observance”. We must support a Jewish reality that speaks to our families and for our future. At Temple Emanuel we are committed to cultivating a vibrant spiritual expression of Jewish life while supporting our families as they live in the modern world. We recognize that parents are deeply vested in their children's experiences, that families want to participate, and that parents are less inclined to “drop” their children off but rather prefer to support their children's experience through involvement and participation. We are shaping the Sabbath as an exciting vortex of Jewish life.

Beginning this fall, Religious School at Temple Emanuel will be held on Saturday mornings from 9:30-12:00. Following the morning program, select Saturdays throughout the year will highlight *additional optional* Sabbath activities. Examples of workshops include yoga with a Jewish bend, jewelry making with spirit, *challah* and *hamantashen* baking workshops...to name a few. **We are committed to the Sabbath as a time when families maximize their participation together.**

On Shabbat mornings after bringing children to their classrooms, parents can choose to *Shabbas schmooze* over bagels and may opt to join the adult Sabbath morning *minyan* beginning at ten o'clock. Sabbath worship flows into a Torah service and interactive Torah study. As our children study Torah with their teachers, the adults of our community have the opportunity to study Torah with the Rabbi. Adult learning taking place concurrent to our children's learning delivers a clear message to our young people: living, loving and learning is a way of life and a lifelong commitment that the adults in our congregation value.

Religion is shared and passed down through family. Judaism is a religion of doing. **If we hope to impart Jewish identity and values, we need to actively integrate a spiritual Judaism that aligns with our lives and speaks to our modern values.**

Religious school on Saturday makes possible viable Shabbat observance. Religious school on Saturday enables

Rabbi Yael Romer...

us to model for our children “do what we say AND what we do.” Religious school on Saturday makes it possible for us and for our children to come together on the Sabbath with community, peers, contemporaries, friends and neighbors, establishing Shabbat as a regular rhythm in our life. Religious school on Saturday transforms the Reform Sabbath experience, not as an elite experience for a few but as a way of life for the entire congregation.

But Religious school on Saturday is different from that to which many are accustomed. Here are some initial responses to frequently asked questions concerning the changes of our Religious school program.

- All students of the Religious school will participate in a half hour youth led service accompanied by our college aged teacher/song leader from 10:30-11:00 held concurrently to the adult *minyan*.

- Teachers will bring their students into the adult *minyan* throughout the year based on grade level and curriculum content.

- Art, music and dance will be incorporated into the classrooms according to age and curriculum specifications.

- There will be a weekday “drop in” session for students needing extra Hebrew support.

- If a child misses school on Saturday because a family is travelling or due to a scheduling conflict, the material covered in each grade will be posed on the Temple website and the weekday “drop in” can be attended by students who would like a Hebrew make up class with teacher support.

Temple Emanuel continues to build the community that we want to be a part of.

The New Year is a time to make changes. The New Year is the time to affirm the values and identify that is precious and core for you. We are committed to our Judaism and to diversity. We are committed to our interfaith families and their unique needs. We are committed to a contemporary, egalitarian, Reform experience. We are committed to a vibrant spiritual Judaism. We are committed to an intellectual and probing Jewish experience. We are committed to continuing a vibrant Reform presence in the Upper Hudson Valley for yet another 160 years. We invite you to join us.

Shammai says: ‘Make your Torah study [and prayer] a fixed practice’, Shimon [Rabban Gamliel’s son] says: ‘but practice is the main thing’ Rabban Gamliel the son of Rabbi Yehudah HakNasi says... All Torah study that is not joined with [deed] will cease in the end’ Hillel says: ‘Do not separate yourself from the community’ And do not say, “When I am free I will [participate] for perhaps you will not become free.’

Shanah Tovah.

Rabbi Yael Romer

www.templemanuelkingston.org

The 2013 Maccabiah Games

by Harv Hilowitz

After a disappointing 2012 Summer Olympics where Israel failed to win a medal, every Jew is a winner at the Maccabiah Games. Held every four years, the “Jewish Olympics” have been held since 1932 and have featured appearances by Jewish athletes across the globe, representing their nations in the spirit of friendly competition and Jewish pride. Long derided as a non-athletic people, the Maccabiah Games have highlighted Jewish athletes competing in dozens of major individual and team sports. Participants have included Olympic gold medalists Mark Spitz, Kerri Strug, Lenny Krayzelburg, and NBA champions Dolph Schayes and Larry Brown, and many more from around the world.

This year’s Games, played in late July and early August featured approximately 9,000 Jewish athletes from 78 countries, competing in 39 events ranging from archery and gymnastics to ice hockey. These games will be the largest ever held in Israel, and include athletes from 21 countries that have never before participated, including Mongolia, Ecuador and Cuba, whose participation was featured in a positive NY Times article about the Games. In 1973, I had the honor of attending the Opening Ceremonies in Tel Aviv. The largest cheers were for the American team, of course, and for the Japanese team, made up of three athletes, and participating then for the first time.

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SHALOM

by Harriet Miller, President

We are coming to the end of the Hebrew month of Elul, the month of mercy and forgiveness, a time to assess the year gone by, and to make amends, become more generous and become more resolute for the future.

Before thinking of our future, however, I must, sadly, acknowledge something occurring within the Federation itself. Due partly to health and various other personal concerns, Ken Salzmann, our very talented Director, has decided to leave his position with us. Though only having been here a mere two years, Ken has positioned us well for doing business in the 21st century, using his knowledge of social media, creative strategic planning and extensive experience in the not for profit sector to benefit the Federation. I want to wholeheartedly express my gratitude for the valuable work he has done for the Jewish community. His gentle demeanor, broad shoulders and “can do” attitude will certainly be missed, but we wish him the very best in whatever direction his creative energies take him.

In the spirit of reflection this holiday season, it is appropriate to assess what has been accomplished at the Federation this year, and what changes we can plan for in the future.

Last fall, many of us were treated to a wonderful in house benefit piano recital by classical composer and concert pianist, Daniel Abrams at his lovely Woodstock home.

This spring, some of us attended an electrifying solo performance with the Hudson Valley Philharmonic by “up and coming” Israeli cellist, Inbal Segev, wife of Tom Brenner, a longtime friend and supporter of Federation. We would certainly love to attend more of these performances.

In May, the Israel Advocacy Committee, under the able leadership of Nat Borsky, in coordination with SUNY New Paltz Hillel, invited us to hear a dynamic speaker, Linda Scherzer. A former Middle East correspondent for CNN and Israel television with extensive experience covering the Arab-Israeli conflict, Ms. Scherzer gave us a sobering and what most of us thought, realistic view of the conflict. We left feeling, although not optimistic, much better informed on the subject.

Our Yom Hashoah commemoration, chaired by Bruria Falik, this year at the Woodstock Jewish Congregation, featured Matt Rozell, a teaching fellow of the United States Holocaust Memorial Museum. Mr. Rozell was responsible for reuniting Holocaust survivors of the Bergen Belsen concentration camp with the actual American soldiers who liberated them from their train transport in the closing days of WWII. Dr. Falik was among those survivors and the program moved the entire room to tears.

These are exciting times for our Reher Center project.

We recently broke ground for a \$550,000 construction project to begin the restoration of the 130 year old bakery building. After three years of study by our architect and team of engineers, we have our building plans and construction documents in hand, went to bid for a contractor, and awarded the contract over the summer. The restoration project will utilize \$525,000 in NYS grants. The “hard hat” ground breaking ceremony and reception on June 28th was a resounding success with numerous city and state officials attending.

Reher Center programs have also earned a name for themselves in the community. The core exhibit, **Rondout Revisited**, is once again on display at the **Matthewis Persen House** on the corner of Crown and John Streets. We also have an exhibit in the ground floor lobby of **City Hall** that we hope you all have a chance to stop by and see. May 9th, thanks to violinist **Stephen Starkman**, The Reher Center held a very successful “**Spring Strings**” house concert to spread the word about the project. And, on June 9th, in the spirit of **Tikkun Olam**, we hosted our first annual **Block Party in Celebration of Diversity**. Over 13 local cultural groups joined the Federation at Gallo Park for a day of family fun, music, dance and food to promote more open communication among the various cultural and ethnic groups that call Kingston home. It was a day not to be missed and we’re already in the planning stages for next year’s event.

As I mentioned earlier, Federation’s begun a strategic planning process whereby we’re seeking to define our place in the Jewish community in the 21st century. At this point, we’ve designed our **new mission statement**: “**We are a community-building organization that enriches Jewish life, locally, nationally, in Israel and around the world, by helping those in need and fostering Jewish values for the greater good.**” We’ve started a **GAP analysis** comparing our long term goals with our current activities and we’ve started to identify a number of areas we’d like to improve. **We are seeing, though, that we do need more volunteer energy in order to address these areas. We are actively looking for people interested in working on the board** as we seek to increase our donor base and put on more events of interest to the various segments of our membership. If you are interested in any of our programs or in serving the Federation and the Jewish community through new and creative initiatives, please talk to any of our board members or call me at home (845-338- 2230) and let us know what is piquing your interest.

The Federation is still a great place to gather for Jewish social fundraising events such as “**Fall for Art**” which celebrates the talent and creativity of local area artists and, which, this year, under the capable leadership of Barbara Cohen and her tireless committee, will be **presenting a check to the local Alzheimer’s Association to fund a series of three arts workshops for people with early stage Alzheimer’s and their caregivers**. Come and support the Federation and FfA this fall by sponsoring part of the event and buying beautiful pieces of jewelry and artwork.

SHALOM

In alignment with our new mission statement, and in the spirit of chesed, tzedakah, and tikkun olam through the generosity of its members, Federation continues to provide funding for many area soup kitchens and food pantries. We also provide camp and high school scholarships to local (worthy) Jewish recipients and funds to Jewish Family Services which coordinates home visits, telephone supports and transportation volunteers to the elderly in our community so that they can remain in their homes.

We fund Hillel, the largest Jewish campus organization in the world, at its campus at SUNY New Paltz, which, together with Chabad at New Paltz and the Federation, early this spring, presented Dr. Laz, a well known Hasidic musician whose earlier hip-hop performances helped heal racial tensions between African Americans and Jews in the Crown Heights community in the 1990's.

We are the leadership of the Jewish community and I urge you, if you've not already done so, to please increase your pledges and donations to the Federation. Our board members already have, as have many of our donors from previous years.

Give Jewishly. It does a world of good!

L'Shana Tova, a sweet and awe-some New Year to all!

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Warm Shul, Cool School!

Hadassah News

by Gail Levy

Hadassah is a women's Zionist organization which has worked hard to leave an indelible connection with the State of Israel. Imagine Hadassah in 1912. Imagine Hadassah through the decades, hand and hand with Israel, building for the future and bringing healthcare and education to a people. Imagine Israel and Hadassah today with our global achievements in technology and medicine building bridges to peace.

Now imagine and rejoice as we see how each of your efforts has made a difference. Imagine the people whose lives have been saved through your financial support. It all happened because of your generosity, spirit and determination to reach our goals.

Kingston/Woodstock Hadassah is a strong and caring branch of the parent tree. We have been working with a dedicated crew of old timers, a few new active members and the wonderful financial support of our chapter at large. The dollars raised by our chapter has helped us meet and often exceed our quota. **Through monies raised from our gift wrapping at the mall, planting trees in Israel, Youth Alliyah, cards and certificates and private donations many thousands of dollars were contributed from our chapter to National.**

But our need to recruit new, young, active members to lead our organization is becoming more and more apparent. Please step up to the plate and call Gail Levy at 339-7748 and say you will help. We will work with you. We also ask that those who have let their membership lapse please become active by paying your annual dues or by choosing to be a life member.

Hadassah since 1912 partners with Israel For Life.

We would like to see more programs during this coming year, but we need help. **We look forward to gift wrapping in December. Call and say you will help.**

Hadassah needs us and we need you to help make our participation in this organization active and viable.

Please, please help!

For **Cards and Certificates**, contact Sloane Grubard, 331-5334;
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Creating New Community Learning Spaces

by Cantor Devorah E. Gartner

In just a few short weeks, my partners and I will be opening the **Center for Independent Judaic Studies (CIJS)** based at Congregation Ahavath Israel in Kingston. We will offer unique opportunities for learning, open to the entire community - children and adults, both Jewish and non-Jewish. There is no membership fee. All classes and programs are on a pay-as-you-go basis.

Based on the Jewish Community Center model, **CIJS** is designed to facilitate Jewish learning in a format that recognizes the challenges of a society where free time is at a premium, and respects the ever-increasing cost of living. By offering programming that can flex with individual needs, we hope to reach out to both affiliated and unaffiliated Jews, as well as the community at large. Whether you want to drop in for a series of workshops or just one specific class or you are simply interested in Jewish learning, but are not yet ready to make a commitment to a synagogue, we have a program to fit your needs. Don't see the class you're looking for? Ask. We are open to community-driven interests, as well as able to offer individual tutorials.

Beginning in September, we will be offering a series on the 4th Saturday of each month. Designed as an ongoing **Shabbat Lunch & Learn** program for adults, teens (and younger students accompanied by a parent), we will eat, schmooze and explore **The Rituals of Our Lives**. The series will run from September to June; however each month's session will stand alone, so you can attend as many or as few work for you.

Judaism 101 through 613: Hebrew/Bible/Judaica is designed for students in **Grades 2 to 7** - a non-traditional religious education in the traditional **Sunday** timeslot from **9:00am-12:30pm**. In a format inspired by cutting edge research in Jewish education, we believe that this multi-disciplinary, year-long program combines the best practices of experiential and project-based learning.

The Art of Kabbalah, co-taught by Cantor Devorah and artist/jewelry designer, Rose St. Hilaire, is open to **adults** and **teens** who want to explore this ancient mystical side to Judaism through the hands-on creation of religious art. This program runs from **October to December** on **Tuesdays** from **6:30pm - 8:00pm**.

As CAJE (Coalition for the Advancement of Jewish Education) B'nai Mitzvah National Network Co-Chair, Cantor Devorah worked to explore and implement the best practices in education for Bar/Bat Mitzvah students, both traditional pre-teens and adult learners. Offered here, with both one year and two year options, are her comprehensive **B'nai Mitzvah Programs** in service leadership and Torah literacy. Ideally taken parallel to **Judaism 101**, the classes meet on **Wednesdays - Grade 6 from 4:00pm-5:30pm** and

Grade 7 (adult learners also welcome) from **6:00pm-8:00pm**.

By popular demand, we will offer **Conversational Hebrew for Beginners** on **Thursdays** from **4:30pm-5:45pm**. Perfect for the adult learner, or as an adjunct to **Judaism 101**, this class welcomes multi-age students from **Grade 5 through adult**.

Holocaust through the Eyes of Hollywood is a year-long program for teens (and adults) to explore this pivotal period in our history as a people. Using films, documentaries, television, and plays, we will journey through this difficult era. In late winter, we will meet for a community viewing of the Spielberg masterpiece *Schindler's List*, in preparation for a trip to the Holocaust Museum in Washington, D.C. (optional supplement to course). In addition, we will craft a program for Yom HaShoah commemoration based on our shared experiences. Program meets on **Thursdays** from **6:00pm to 8:30pm** from **October to June**.

For the full schedule of program descriptions and prices, please contact Cantor Devorah Gartner at (845) 901-5428 or cantordevorah@yahoo.com.

B'nai B'rith Calendar

by Gail Levy

The **B'nai Brith/Jewish Federation of Ulster County Calendar** each year provides the community with a wonderful resource. It includes ads from local businesses that many of us use and we find the calendar to be a handy reference to them. It also lists birthdays, anniversaries, and memorials of our loved ones and those of our friends and their families. This helps us to keep track and never forget to send an appropriate card on time. The format and fee schedule will remain the same in 2014. There will be sections for **Classified Directory Supporters, Community Services Professionals, and Supporters**. The fee will be \$30 for a listing in each section. The **birthdays, anniversaries and memorials** will be **\$12** for the **first entry** and **\$2** for each **additional name**.

Please respond shortly after receiving the mailing for the calendar, as it saves extra calls on the part of our volunteers and helps get the calendar ready for the printer in a timely fashion.

The 2013 calendar was a huge success. We raised a substantial sum of money that was used by B'nai B'rith and the Federation to fund special programs. Help us make the 2014 calendar a success by participating in the support sections and by adding your family's dates (including children's and grandchildren's as stated above).

We also need new and interesting kosher style recipes. We are looking to reach families who have not previously participated and have them join in this unique project. Please call Gail Levy at 339-7748, e-mail gailslevy@aol.com and say you are interested. With your help, we look forward to having an even more profitable year in 2014.

Jewish Family Services of Ulster County Inc.

by Sharon Murray-Cohen, Executive Director

Le'shana Tova Tikoteiv Vetichoteim. The year about to end has been a very busy and active year for JFS.

LOOKING BACK:

- The 5th. Annual **Circles of Caring** Care Giver Conference on November 2nd, 2012. Even though this event was held immediately after last year's hurricane/super storm the event was well attended.
- **Expansion of our office space** at 280 Wall Street to an additional suite on the second floor (in March) has allowed us to provide in office counseling services to those individuals who were in need of counseling but did not meet the criteria of being "homebound" for our Home Based Program.
- **The First Annual David Fletcher Community Service Award Luncheon** was held on July 23. This event honored **Susan and Eli Basch**, recognizing all of the good work and support that they provide to the community. Many thanks to all who attended, helping us to honor Eli and Susan, and make the day special for them.

Looking forward to the New Year.....:

- **Establishment of the David Fletcher Center for Elder Abuse Prevention.** The issue of elder mistreatment is garnering the attention of law enforcement, medical and research communities as more people are living longer than ever before. This trend is expected to increase as the U.S. Census Bureau projects that more than 62 million Americans will be 65 or older in 2025, an increase of 78% from 2001. And more than 7.4 million will be 85 or older, an increase of nearly 68% from 2001. This aging population requires more care and protection. On a local level JFS of Ulster County is committed to enhancing public awareness and knowledge about elder abuse as well as developing a comprehensive elder abuse shelter. It is our goal to develop a model that offers victims a full range of healthcare and supportive services that provides safe harbor, emotional support, psychological counseling, healthcare, legal advocacy and representation for victims.
- **Our 6th Annual Circles of Caring Conference on November 8th at The Garden Plaza**, (the former Holiday Inn). For the past five years we have devoted our yearly conference to Caregivers. **Many of our Caregivers who are aging themselves have questions, concerns and a wish to embrace their own issues of aging. They want to define**

their own plan and discover their own answers. While there still will be a care giving component, it is this voice of questioning that inspires us to change the focus to "A Celebration of Aging."

We will explore the ups and downs of the aging process and feature workshops that will lead us to discussions of how aging is celebrated. Please come and join us!

- **Seducchah Fund.** We are establishing an emergency fund for those individuals and families that are in need of one time assistance due to an emergency. On a frequent basis we get requests for assistance from people who do not qualify for financial assistance through the social services safety net, yet their need is real. Anyone interested in contributing to this fund should contact our office. 845- 338-2980.



<p>Ann "Jean" Semilof GRI, ABR, SRES / Licensed Associate R.E. Broker</p> <p>Office: (845) 340-1920 ext 105 Fax: (845) 340-9265 Home: (845) 331-4559</p> <p>jean@westwoodrealty.com</p>  <p>16 Hurley Avenue - Kingston, NY 12401</p>	
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Chevra Kadisha of Greater Kingston

The Chevra Kadisha of Greater Kingston was established 29 years ago from a sense of need in our community to provide the services of a Jewish burial society, available to all Jews whether or not affiliated with a congregation. Since that time we have fulfilled that need to the departed of our faith, ready on short notice at the time of need, to carry out the final preparations before burial with dignity and loving kindness.

Gemilut Hasidim, the act of loving kindness, is a mitzvah and this mitzvah is one that can never be repaid by the recipient. In that sense the members of the Chevra Kadisha perform their duties with no expectation of thanks or recognition. So why do these individuals, men and women alike, stand ready to be called away from their daily routine to do what most of us will never consider doing? Here's what they have to say...

"I have only recently begun to participate in the Chevra Kadisha. I had wanted to participate because I know how much it meant to my brother and me when my brother's close friend cared for our mother's body after our mom died. I have always found in my work as a physician that the privilege of sharing in life transitions of birth & death is very valuable & meaningful. I wanted to be part of the community of women who help with this special ritual."

"Although a rare participant in the Chevra Kadisha because I am often out of town, I have considered it an honor to assist in the fulfillment of a woman's final wishes as a Jew. Honoring her body through ritual cleansing and prayer reminds us of the sanctity of the body, of life and the honoring of tradition."

"When I was first approached to serve on the Chevra Kadisha I did so just because it seemed like a good thing to do. In very short time I discovered that doing so became a comfort for me. Participating in these ritual acts, I know that those final preparations are being carried out with caring and dignity by fellow Jews."

The Chevra Kadisha consists of two separate groups of men and women who perform the prescribed tasks, called *taharah*, and recite appropriate prayers which help to create the necessary spiritual context for the participants.

Separate from the *taharah* is *shmirah*, taking turns remaining with the deceased from the time the *taharah* or preparation is completed by the Chevra Kadisha until the time of burial. *Shmirah*, if desired, is arranged through individual congregations or privately. *Shmirah*, also an aspect of gemilut hasidim, is a mitzvah of the highest order.

We ask you as an individual to consider requesting the services of the Chevra Kadisha for yourself as well as your loved ones.

Furthermore, we ask you as an individual to consider volunteering and participating as a member of the Chevra Kadisha. For more information please contact Ruth Mandelbaum (nurseruth1@hotmail.com) or Randy Myerson (rcmyerson@gmail.com).

SUNY Hillel by Stephanie Black

Hello, everyone! My name is Stephanie Black, and as the President of SUNY New Paltz's Jewish Student Union (in association with Chabad of New Paltz), I would like to wish you all health and happiness for this upcoming High Holy Day season. The rest of the JSU board and I are really looking forward to the start of a new year!

It makes sense that such an important time in our people's calendar should coincide with the most significant time for students as well- the beginning of a new semester. The JSU will be holding services for every day of Rosh Hashana as well as for Yom Kippur. Additionally, along with the other Jewish groups on campus, we will be sponsoring a break-fast meal on campus once Yom Kippur ends. These events are going to be a great way to meet new faces and to get students involved in Jewish life at New Paltz!

As one of the fundamentals of the JSU, we also offer weekly Shabbat services and meals to the students of New Paltz. I'm really excited for our biggest event of the year, Shabbat 200, which will take place on November 8th. On this date, the JSU aims to make history at New Paltz, hosting the largest Jewish gathering in the school's record. We will offer all students a Shabbat experience, including services and dinner.

In addition to holding events celebrating Jewish holidays, we also offer weekly social nights on campus. Though each night is inspired by a different Jewish theme, these events are aimed at the members of the JSU to strengthen their friendships with one another, as well as reach out to other members.

These are only some of the incredible plans we have for the upcoming year, and we look forward to providing our students with the best Jewish college experience we could possibly offer!

For more information about the events we're having this year, feel free to contact me at stephaniefayebblack@gmail.com or Rabbi Plotkin at plotkinm@newpaltz.edu.

DianaLou Wolff, FLM/RHU, REBC

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Dear Friend,

We all dream of making the world a better place. The High Holy days encourage us to dream big dreams. The year ahead is an open book, full of opportunities to repair the world with our acts of generosity and kindness.

It's also a time for serious reflection on the past year. We think about our proudest accomplishments and about where we have fallen short — what we might have done differently, how we might have acted more thoughtfully or shown more patience.

At Jewish Federation of Ulster County, we're proud of the work we do to make the world a better place, and aware that there is still so much more to be done.

Taking Care of Each Other. In the past year, we extended a hand to those who needed assistance with food, rent and utilities; employment counseling and vocational training; psychological and family counseling; and scholarships for Jewish day schools and camps.

Many in our community are facing another difficult year. Many will continue to struggle through the economic fallout of the recession. Many will not find work. They will turn to the Jewish Federation of Ulster County for help — and thanks to you, we will be there.

Just as our local community members look to us in difficult times, our extended Jewish family in Israel and around the world depends on us — and we will be there for them, too.

Our support helps fragile, elderly Jews make it through a very cold winter, and inspires young people who are discovering their Jewish identity. Each of these people is a member of our family, and when they need our help, we take action.

Working Together to Do More Good. Because we work together as a community, we can bring dignity, hope and joy to thousands of people every day. We have the opportunity to help a local family struggling with illness or unemployment, a young woman from Ethiopia starting a new life in Israel, and so many individuals who will face challenges this year. Their lives will be better because we stand with them.

Israel is always in need of our help. Our dreams for the year ahead include continued peace for Israel — and we are dedicated to helping fulfill that dream by expressing our steadfast support for the people of Israel.

As you look back at this past year, at all that you have done and all we have done together as a community, we urge you to look ahead as well. Take this opportunity today to begin the New Year with an act of tzedakah.

This Rosh Hashanah, please help the Jewish Federation of Ulster County help those in need here at home, in Israel and worldwide. Please make a generous gift to the 2013 Jewish Federation Annual Campaign — TODAY.

Thanks to the many people who helped at this year's phone a thon.

We all dream of making the world a better place. Consider this your call to action. Our best wishes to you and your family for a happy and Sweet New Year,

Campaign Chairperson
Gail Levy

P.S.: Our dream is a sweet New Year for every member of the Jewish community. Your gift to the Annual Campaign helps us make it possible. Visit us at www.ucjf.org to find out more. Happy New Year!

Why A Women's Contribution

Why should women make a contribution separate from that of the family to the annual fundraising campaign of the Jewish Federation of Ulster County, an arm of The Jewish Federations of North America? An easy answer is that **numbers count when the Jewish Federations of North America are trying to get things done for Jewish communities here and abroad—your contribution doubles that number.** This is consistent with the Jewish view that each human being is of “infinite value.” Your contribution establishes you as a full partner in the community.

A more perceptive answer might be that a separate contribution gives you your own identity, distinct and independent from that of your husband, companion, or family. Further, money buys influence. Your money gives you a voice and a place at the table, a full partner in your community.

Letty Cottin Pogrebin wrote: “I wish more of our savvy, high-achieving women would wake up to the fact that power and status accrue to those who write checks to worthy causes.”

Q: What is (a) federation?

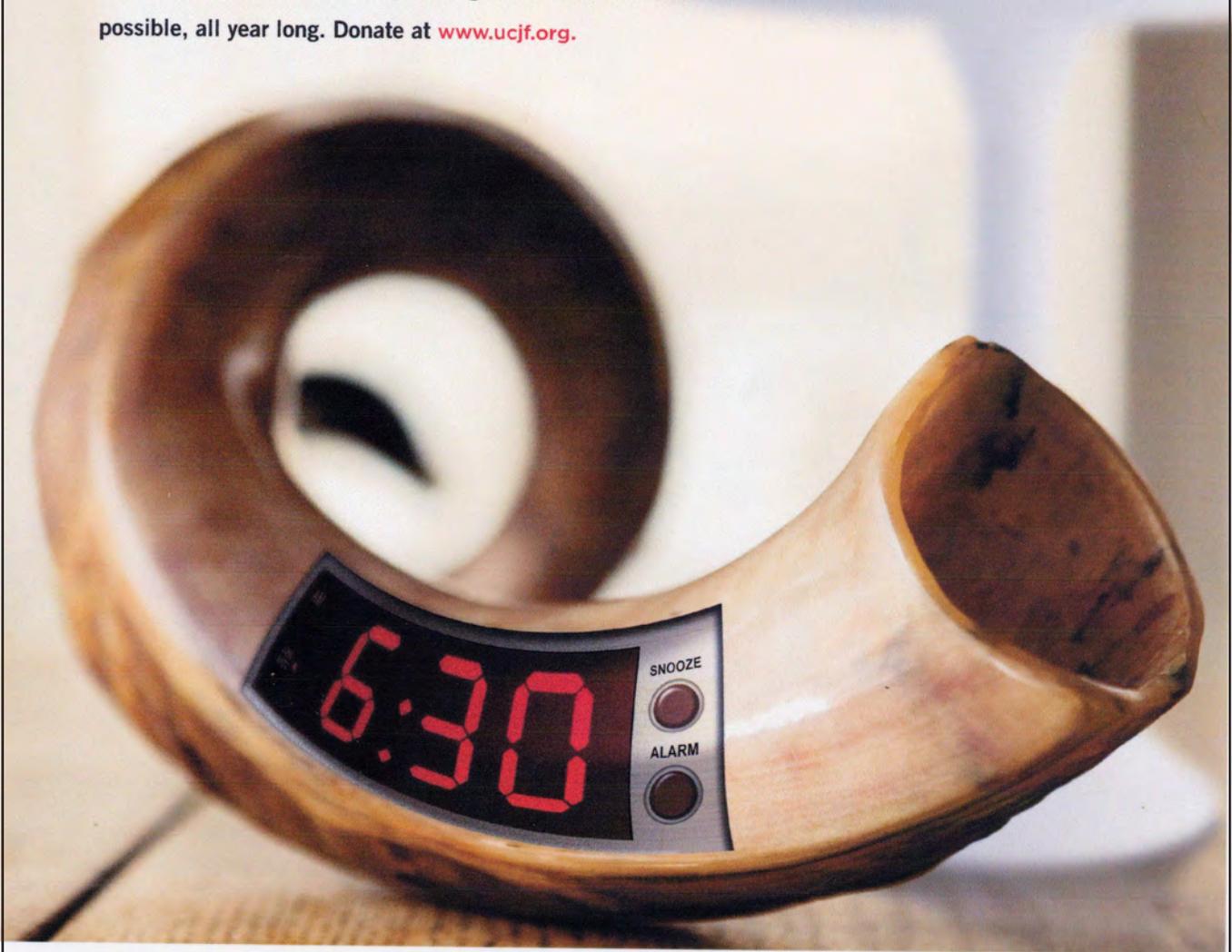
A: Federation is the heart and soul of North American Jewry's philanthropic and humanitarian activities. It embodies a 3,500 year-old tradition of caring that goes back to the giving of the Torah and sustains us in the bold pursuit of Jewish community, Jewish values and Jewish peoplehood. Federation is **the people** who care enough to want to perfect an imperfect world. Federation is **the passion** of commitment, where tzedakah and a sense of social justice can make a difference in someone's life.

Q: What does the federation do?

A: Federation builds and strengthens Jewish community; from Ulster County to our homeland, from the homebound to the homeless, from elderly Jews in Russia to North American teens discovering their birthright in Israel. Whether the task is reducing Jewish poverty and hunger, rescuing and resettling new immigrants, or spurring Jewish renaissance worldwide, federation is committed to seizing this moment in Jewish history to ensure the continuity of the Jewish people.

WAKE UP TO A SOUND THAT CAN CHANGE LIVES.

This New Year, bring hope to people in despair. Nurture and sustain our Jewish community. Your gift to Federation makes it possible, all year long. Donate at www.ucjf.org.



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OF ULSTER COUNTY

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“THE ISRAEL ADVOCATE”

by Nathan Borsky, Israel Advocacy Chairman

Israel, and the Jewish community at large, is beset by a dangerous international campaign utilizing new strategies to delegitimize the Jewish State.

Unable to defeat the IDF militarily or weaken the population through persistent terrorism, the extremist groups such as Islamic terrorists and their rogue regime allies have embarked upon a global effort to demonize and isolate Israel, casting it as a pariah state.

The widespread Boycott, Divestment and Sanctions (BDS) movement, and its utilization of Lawfare (illegitimate use of domestic and international law), is the main component of the “Durban Strategy” adopted by Israel’s opponents at the U.N.’s Human Rights Conference in 2001. Tactics like the Gaza Flotilla, the effort overseas to indict IDF officers and elected officials for war crimes, blood libels in the media, the boycotting of Israeli academics, products, cultural and economic events, and the persistent debate over whether a Jewish State has a right to exist, are having a perilous impact on Israel’s security and diplomatic capabilities. As the Anti-Defamation League has stated:

“The BDS movement at its very core is anti-Semitic.” Abraham Foxman, NY Times, 2 June, 2013

Israel is also beset by a dangerous complacency by the Jewish communities in the diaspora. The complacency stems from an ill-founded perception that all is well as long as Israel is not at war or being threatened by a war. True, it is hard to mobilize against the somewhat invisible war of BDS. A boycott here, a divestment there, yet Israel continues to be prosperous and perhaps more financially stable than the U.S. or Europe. SO WHY WORRY?

As a Holocaust survivor and someone who has personally experienced the anguish and pain of my family and that of many others who have suffered through that period, we know for a fact that discrediting and dehumanizing were the first steps taken by the Nazis to justify the horrors they planned to perpetrate on the Jews of Europe. The BDS movement aims to achieve a similar goal, the goal of destroying Israel by delegitimizing her.

The BDS mission is to use the so-called “illegal occupation” as a tool to justify these actions. Let’s take a look at the accusation of “illegal occupation.” A brief history is in order because too many well-meaning people, Jews included, seem to have been taken in by that misconception. The details are as follows:

The cease fire agreement reached after the 1967 six day war, a war brought on by Egypt, Syria and Jordan, resulted in UN Security Council Resolution 242. Under the UN Security Council Resolution 242, Israel is only expected to withdraw “from territories” to secure and recognized boundaries and not from the territories or all the territories captured in the Six-Day War. Thus, the UN Security Council recognized that Israel was entitled to part of these territories for new defensible borders.

Origins of Israel’s claims and rights: *The last international legal allocation of territory that includes what is today the West Bank and Gaza Strip occurred with the 1922 League of Nations Mandate for Palestine, which recognized Jewish national rights in the whole of the Mandated territory: “recognition has been given to the historical connection of the Jewish people with Palestine and to the grounds for reconstituting their national home in that country.” The members of the League of Nations did not create the rights of the Jewish people, but rather recognized a pre-existing right, that had been expressed by the 2,000-year-old quest of the Jewish people to re-establish their homeland. Moreover, Israel’s rights were preserved under the United Nations as well, according to Article 80 of the UN Charter, despite the termination of the League of Nations in 1946. Article 80 established that nothing in the UN Charter should be “construed to alter in any manner the rights whatsoever of any states or any peoples or the terms of existing international instruments.” These rights were unaffected by UN General Assembly Resolution 181 of November 1947 — the Partition Plan — was rejected by the Arabs living in Palestine and the surrounding Arab countries.*



Summer BDS Institute for Student Leaders

Join AFSC and JVP for our 2013 Summer BDS Institute for Student Leaders

WHEN: July 28 to August 1, 2013

WHERE: New York

WHO: All campus activists currently running or hoping to launch BDS campaigns on their campus

WHAT: A five (5) day intensive program for campus BDS organizers Ñ those with campaigns already running and those hoping to get one launched in the 2013-2014 school year. The Summer Institute will include:

- ¥ Extensive campaign development coaching
- ¥ Grassroots organizing skill building
- ¥ Media & Messaging trainings
- ¥ Anti-oppression analysis workshops
- ¥ Nonviolent direct action planning
- ¥ Historical overview of Boycott, Divestment, and Sanctions
- ¥ Relationship building with activists on campuses nationwide
- ¥ Strategy sessions with BDS movement leaders
- ¥ Two tracks for existing and new campaigns

Plus: fun in a summer camp-like environment!

Advocate for Israel

Useful references for staying informed and being pro-active

American Congress for Truth (www.americancongressfortruth.com) ¥ **Arabs for Israel** (www.arabsforisrael.com)

CAMERA (www.camera.org) ð (Committee for Accuracy in Middle East Reporting in America)

Honest Reporting (www.HonestReporting.com)

Israel 21C (www.Israel21c.org) ð (covers science, medicine, technology, research)

JTA (www.jta.com) (Jewish Telegraphic Agency) ¥ **NGO-Monitor** (www.ngo-monitor.org)

PMW (www.pmw.org.il) ð (Palestinian Media Watch)

Shurat HaDin (www.israellawcenter.org) ð (defense of victims of terror) ¥ **Simon Wiesenthal Center** (www.wiesenthal.com)

Stand With Us (www.standwithus.com) ¥ **TIP** (www.theisraelproject.org)

UCI (www.uc4i.org) ð (Unity Coalition for Israel) ¥ **Un Watch** (www.unwatch.org) ð (monitors UN compliance)



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Good News From Israel

by *Bruria Bodek Falik*

Please refer to Israel 21c (www.Israel21c.org) for additional information concerning these interesting articles.

BioHug offers hug therapy in an automatic vest

BioHug's Israeli pressure garment provides custom soothing for people with autism, PTSD and others prone to high stress.

Israeli doctors save Syrian lives

'We treat patients regardless of religion, race, nationality and give the best care we can provide' –Dr Oscar Embon, Ziv Medical Center, Safed.

Jerusalem program pioneers video as therapy

Jerusalem's Ma'aleh film school has developed a unique course that trains therapists how to use video to rebuild lives.

Say good-bye to surgical stitches and staples

If a new Israeli product from IonMed gets market approval, surgeons will have a revolutionary tool in their hands for scar-free incision closure.

Israelis build world's first eye-free smartphone

Project RAY, now launching in the US, opens the benefits of digital access to commercial and public services to people with visual disabilities.

UN looks to Israel for advice on disabilities issues

UN's Economic and Social Council says Israeli "knowledge and experience should be shared with the world."

Bodywell Chip aims to reduce absorption of harmful phone radiation

Peel-and-place Bodywell Chip drastically reduces the body's absorption of radio frequency waves coming from mobile devices.

Rockin' out to the oldies at Jerusalem's Woodstock [video]

You don't have to be a hippie to enjoy Jerusalem's Woodstock Revival show, an annual event celebrating the iconic Sixties festival.

"Fall for Art" Announces a First! The Alzheimer's Association's "Arts with Heart" named the "Fall for Art" 2013 Recipient



Artist Rita Schwab

WHAT: The 17th annual fundraising art show, sale and cocktail reception benefiting the Jewish Federation of Ulster County and community programs it supports.

WHEN: Thursday, September 12, 6pm to 9pm.

WHERE: Wiltwyck Golf Club, 404 Steward Lane, Kingston, NY.

COST: \$40 per person in advance; \$45 per person at the door.

DETAILS: A juried art show showcasing the work of 28 Hudson Valley-based artists working in a variety of media. Twelve of this year's artists will be new to the event.

Each year, the Fall for Art Committee of the Jewish Federation of Ulster County donates a portion of the event's proceeds to a Hudson Valley arts program or organization. The 2013 recipient is the "Arts with a Heart" Program of the Hudson Valley/Rockland/Westchester, NY Chapter of the Alzheimer's Association. This program will be a first of its kind in Ulster County.

The program will be held at the Rosendale, New York Recreation Center, and will consist of the following three 1 1/2-hour arts workshops for people with early stage Alzheimer's and their caregivers: **October 13th, collage with visual artist Janet Jappen; October 27th, dance with Vanaver Caravan; and November 10th, music with Mt. Tremper musician Melody Newcombe.** The workshops will be offered for free to participants. For more information, or to enroll, contact Michele Muir, the Alzheimer's Association's Director of Communications and Public Policy, at 1-800-272-3900 or michele.muir@alz.org.

CONTACT: For more information regarding Fall for Art: e-mail: info@fallforart.org or call: 845-338-8131 visit: FallforArt.org for a list of this year's artists and to purchase tickets.

5774

5774

May the sweetness of the Holiday remain
with you for the New Year and may you be inscribed
for a year of blessings.

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Reports Of Our Demise Are Premature

by Harv Hilowitz

Despite the worst efforts of our enemies over time, the Jewish people are still here. There's no need to go over the litany of persecutors we've had - anyone picking up Kolenu already knows them. Most recently, even rather "mild" detractors, countries such as Finland and Switzerland, and certain elements of Anglican and Lutheran churches have promoted the effort to denigrate Israel by "divesting" themselves from investing in Israeli companies. But for the past few decades, there's even a more insidious, underhanded effort to make the world "judenrein" - free of Israel and free of Jews.

Some years ago, during the Achille Lauro crisis, I came upon a modern *Encyclopedia Britannica* map that showed the middle-east with a country named "Palestine", showing Israel with pre-1967 borders. The effort to redraw that important map woke me up to the efforts in the publishing world to exterminate Israel from history, at least on paper.

I wrote a letter to the Encyclopedia and to my surprise, received a nice letter back and a retraction of that map in their next edition. Israel was restored to its full size.

In 2005, I was reading the *Time Almanac*, the annual doorstep-sized paperback of facts. I was shocked to see that the massacre of Israeli athletes during the infamous 1972 Olympics was not included in the category of "Sports Disasters". I sent *Time Almanac* a letter, and engaged an editor in a lengthy dialogue to rectify the oversight. After some resistance, an entry memorializing the terrorist attack in Munich has appeared every year in the "Sports Disasters" entry, beginning with the 2006 version of the *Almanac*. They even sent me a free copy, as a "contributor" to the publication that year. Chutzpah!

And *National Geographic*- that's a whole world of judenrein. I have never come across a positive article about Jews, Jewish culture, Jewish history, Israel, or any related topic ever in *National Geo*. An article about the global sex trade has a photo of a prostitute in Tel Aviv. An article about Jerusalem focuses on the fate of Christian churches under harsh Israeli rule, and the plight of Palestinians in Jordan. An article about exotic desert nomads shows an Uzi-armed Israeli soldier hovering menacingly over a Bedouin family. The August-September 2013 issue of *National Geo's Traveler Magazine* marks a new low point for that organization. A jaunty travel article about visiting modern Warsaw, by Thomas Swick, is completely judenrein, aside from a haunting photo purporting to show "Photos of former (unidentified) residents peering down from an old ghetto building". No attempt is made to put the photo in any context, or to explain the photo, or the term "ghetto". The text of the article contains many fun facts about Warsaw history, places to visit, foods to sample, but not one word about the people who made up nearly half the population in 1939, and who heroically resisted the Nazis in 1943, without any Polish assistance. Not one word. A detailed street map of the city shows the Warsaw Rising Museum, about the Polish Home Army's failed revolt against the Nazis in 1944, but no marker of the ancient Jewish Quarter, the Ghetto boundaries, or the Jewish Ghetto memorial. An oversight such as this is not accidental; it is intentional, blotting out 1000 years of Polish-Jewish history. My letter to the article's author and to *National Geo Traveler* is in its draft stage. I'll let you know how it turns out. I suggest to Kolenu readers that when you come across such "oversights", that you recognize that they are not accidental, but conspiratorial and intentional, and that you pick up your pen and address the issue. If not you, then who?

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Holiday Recipes

Honey Cake with Caramelized Pears

YIELD: Makes one 10-inch cake

Ingredients

Unsalted butter, softened, for pan
 1-3/4 cups all-purpose flour,
 plus more for dusting
 3/4 teaspoon baking powder
 1/2 teaspoon baking soda
 1 teaspoon coarse salt
 1/2 teaspoon ground cinnamon
 2 large eggs
 1/2 cup granulated sugar
 1/4 cup packed light-brown sugar
 1/2 cup plus 2 tablespoons best-quality honey
 1/2 cup milk
 1/2 cup vegetable oil
 1/2 teaspoon freshly grated lemon zest
 Caramelized pears
 Freshly whipped cream, or nondairy whipped topping, for
 serving (optional)



Cook's Note:

If you keep kosher and would like to make dairy-free versions of these recipes, substitute margarine for the butter, and soy milk for the regular milk. The cake can be made (without the pears) one day ahead, and stored in plastic wrap at room temperature.

Preparation

Preheat oven to 325 degrees. Butter a 10-inch springform pan. Dust with flour; tap out excess. Whisk together the flour, baking powder and soda, salt, and cinnamon in a bowl; set aside. Mix eggs and sugars on high speed in the bowl of an electric mixer fitted with the paddle attachment until pale and thick, about 3 minutes.

Whisk together honey, milk, oil, and zest. With mixer on low, add honey mixture to egg mixture; mix until combined, about 1 minute. Add half the flour mixture; mix until smooth. Mix in remaining flour mixture. Pour batter into pan.

Bake until dark golden brown and a cake tester inserted in center comes out clean, (about 50 minutes). Let cool in pan on a wire rack 15 minutes. Run a thin knife around edge of cake; carefully remove sides of pan. Transfer cake to a platter. Top with pears. Serve with whipped cream or topping, if desired.

Autumn Farmers' Market Salad

Roasting the squash gives it a sweet, caramelized flavor, which balances the peppery arugula and tangy pomegranate seeds.

YIELD: 6 servings

Recipe by Amelia Saltsman, bon appétit

Ingredients

4-1/2 to 5 cups 1/2-inch cubes peeled seeded butternut squash (from about one 2-pound squash)
 2 tablespoons extra-virgin olive oil
 Pinch of dried crushed red pepper
 Coarse kosher salt
 2 tablespoons orange juice
 1-1/2 tablespoons walnut oil or other nut oil
 1-1/2 teaspoons fresh lemon juice
 4 ounces arugula (about 8 cups lightly packed)
 1/2 cup walnuts, toasted, coarsely chopped
 1/2 cup pomegranate seeds
 2 teaspoons pomegranate molasses*

*A thick pomegranate syrup; available at some supermarkets and at Middle Eastern markets, and from adrianascaravan.com.

Preparation

Preheat oven to 450°F. Toss squash, olive oil, and crushed red pepper on large rimmed baking sheet. Sprinkle with coarse salt. Roast 15 minutes. Using spatula, turn squash over. Roast until edges are browned and squash is tender, about 15 minutes longer. Sprinkle with coarse salt. DO AHEAD. Can be made 2 hours ahead. Let stand at room temperature.

Whisk orange juice, walnut oil, and lemon juice in large shallow bowl. Season to taste with salt and pepper. Add arugula, walnuts, and pomegranate seeds; toss to coat. Season to taste with coarse salt and pepper. Spoon warm or room-temperature squash over salad. Drizzle with pomegranate molasses and serve.



Barbara A. Blas, LUTCF
 Investment Consultant

bbblas@investorscapital.com
 Telephone (845) 339-4885
 Fax (888) 553-8599

70 Maiden Lane
 2nd Floor
 Kingston, NY, 12401

Securities offered through Investors Capital Corporation, Member FINRA/SIPC
 6 Kimball Lane, Lynnfield, MA 01940 • 800-949-1422

High Holy Days Schedule of Services 5774

Chabad of New Paltz

* Student Union Building
1 Hawk Drive • New Paltz, NY 12561

**Chabad
10 South Oakwood Terrace • New Paltz, NY 12561

Rabbi Moshe Plotkin
845-255-8191
plotkin@newpaltz.edu

Open to the entire community.
Everyone is welcome, free of charge.

Congregation Agudas Achim

"Where All Are Welcome"

254 Lucas Avenue • Kingston, NY 12401
845-331-1176
www.ChabadUlsterCounty.org

Rabbi Yitzchok Hecht
Rabbi AB Itkin
Bruce Tuchman & Howard Vichinsky, Co-Presidents

Rosh Hashanah

Erev Rosh Hashanah - Wednesday, September 4

Services 7:30 AM
Holiday Dinner 8:30 AM
*Student Union Building

Rosh Hashanah - Thursday, September 5

Services 9:00 AM
Shofar Blowing noon
Kiddush 2:00 PM
Mincha Service 2:30 PM
Tashlich 3:00 PM
*Student Union Building

Rosh Hashanah Evening - Thursday, September 5

Services 8:00 PM
Holiday Dinner 8:30 PM
**at Chabad

Rosh Hashanah - Friday, September 6

Services 9:00 AM
Shofar Blowing Noon
lunch 2:00 PM
**at Chabad

Yom Kippur

Erev Yom Kippur - Friday, September 13

Kol Nidrei 7:00 PM

Yom Kippur - Saturday, September 14

Services 9:00am -3:00 PM
Yizkor 1:00 PM
Neilah, etc. 5:00 PM
Break Fast 7:51 PM

** at Chabad

Dear Friend,

May this year be a sweet year full of blessings for you and your loved ones. Let us pray that by igniting our soul, by inspiring our minds, the world around us will follow. Leading to a better world filled with peace and happiness for all with the coming of Moshiach speedily in our days.

Shana Tova to you!

Wishing you a very happy & sweet New Year to you and your loved ones.

Sincerely,

Rabbi AB & Rebbetzin Binie Itkin
Rabbi Yitzchok & Rebbetzin Leah Hecht

Are you looking for inspiring services this year? Join Agudas Achim for a unique and wonderful High Holiday experience. Our warm and user-friendly services are open to every Jew regardless of background or affiliation. We hope you'll participate!

There is NO CHARGE for seats; your donation is greatly appreciated and needed to continue serving the community. No Membership Fees or Tickets
No Affiliation Necessary. Traditional and Inspirational Services

Erev Rosh Hashanah - Wednesday, Sept. 4

Light candles 7:08 PM
Evening Services 7:15 PM
Service followed by community dinner. You must RSVP for dinner.

Rosh Hashanah - Thursday, September 5

Morning Services 9:30 AM
Shofar Sounding 11:00 AM

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Evening Services 7:15 PM
 Light Candles after 8:07 PM

Rosh Hashanah 2nd Day - Friday, September 6

Morning Services 9:30 AM
 Shofar Sounding 11:00 AM
 Light Candles at 7:04 PM
 Evening Services 7:15 PM

Shabbat Shuva - Saturday, September 7

Morning Services 9:30 AM
 Evening Services 7:15 PM
 Shabbat ends at 8:03 PM

Fast of Gedalya - Sunday, September 8

Fast begins 5:04 AM
 Tashlich time TBD
 Fast ends at 7:47 PM

Kol Nidrei - Friday, September 13

Light Candles / Fast Begins at: 6:52 PM
 Kol Nidrei Services 6:45 PM

Yom Kippur - Saturday, September 14

Morning Services 9:30 AM
 Yizkor Memorial Service 12:00 AM
 Afternoon & Neilah Closing Service 5:30 PM
 Fast ends at 7:50 PM
 Followed by light refreshments

Sukkot

To purchase Sukkah or a Lulav and Esrog set, please call
 845-331-1176.

Wednesday, September 18

Light Candles at 6:44 PM
 Evening Services 6:50 PM

Thursday, September 19

Morning Services 9:30 AM

Evening Services 6:50 PM
 Light Candles after 7:41 PM

Friday, September 20

Light Candles at 6:40 PM
 Evening Services 6:50 PM

Shabbat Chol Hamoed - Saturday, Sept. 21, 2013

Morning Services 9:30 AM
 Evening Services 6:50 PM
 Shabbat ends at 7:38 PM

Hoshana Rabba - Wednesday, September 25

Morning Services 8:00 AM
 Shemini Atzeret & Simchat Torah

Wednesday, September 25

Light Candles at 6:31 PM
 Evening Services 6:40 PM
 Followed by Israel Solidarity Hakafof

Thursday, September 26

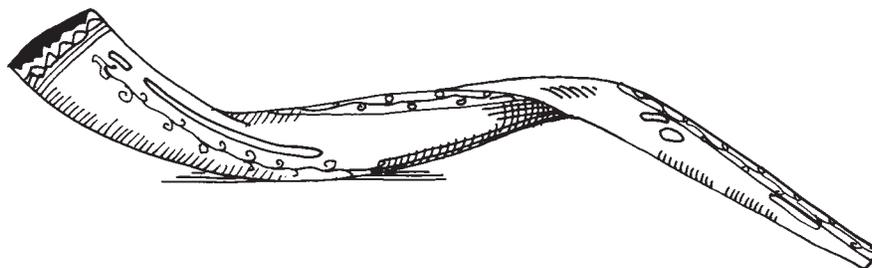
Morning Services 9:30 AM
 Yizkor Memorial Service 11:15 AM
 Evening Services 6:40 PM
 Followed by full holiday meal & Hakafof -
 dancing with the Torahs
 Light Candles after 7:29 PM

Friday, September 27

Morning Services 9:30 AM
 Followed by Kiddush & Hakafof
 Light Candles at 6:28 PM
 Evening Services 6:40 PM

Shabbat Bereishit - Saturday, Sept. 28, 2013

Morning Services 9:00 AM
 Evening Services 6:25 PM
 Shabbat ends at 7:25 PM
 Light only from a pre-existing flame



High Holy Days Schedule of Services 5774

Congregation Ahavath Israel (CAI)

100 Lucas Avenue • Kingston, NY 12401
845-338-4409
www.ahavathisraelkingston.org
Email: ahavath.israel@gmail.com

Cantor Devorah E. Gartner
cantordeborah@gmail.com
Cantor Josh Hilsenrath
Rebecca Balzac, President
rbalzac@hvc.rr.com

Like Avraham and Sarah, our doors are always open to welcome guests. High Holy Day tickets are free and no reservations are required. We warmly invite singles, seniors and families of all kinds to join us in celebrating a very sweet New Year.

PRAYER SERVICES

Selichot

Selichot - Saturday, August 31

Ma'ariv (evening) Service 8:30 PM
Join us for an intimate Havdalah & Evening Service as we prepare for the Days of Awe.

Rosh Hashanah

Erev Rosh Hashanah - Wednesday, September 4

Minchah (afternoon) Service 6:45 PM
Ma'ariv (evening) Service 7:00 PM

Rosh Hashanah I - Thursday, September 5

Shacharit (morning) Services 9:00 AM
Family Service 11:00 AM
Shofar Service (approx..) 11:30 AM
Tashlich & Minchah Services 5:00 PM
(we will be meeting by the water - call for directions)

Rosh Hashanah II - Friday, September 6

Morning Services 9:00 AM
Family Service 11:00 AM
Shofar Service (approx..) 11:30 AM

Shabbat Shuvah

Erev Shabbat Shuvah - Friday, September 6

Kabbalat Shabbat Service 7:30 PM

Shabbat Shuvah - Saturday, September 7

Shabbat Morning Services 9:30 AM
Please join us for Kiddush following services.

Yom Kippur

Erev Yom Kippur - Friday, September 13

Minchah (afternoon) Service 6:30 PM
Kol Nidre (evening) Service 6:45 PM

Yom Kippur - Saturday, September 14

Shacharit (morning) Services 9:00 AM
Family Service 11:00 AM
Yizkor (memorial-approx.) 11:45 AM
Break (approx..) 2:00 AM
Study the Book of Jonah w/Cantor Devorah 4:30 PM
Minchah (afternoon) Services 5:30 PM
Ne'ilah (concluding) Service 6:45 PM
Ma'ariv/Havdalah Services 8:00 PM
Final Shofar Sounding 8:25 PM
Please join us for Break the Fast following services.

Sukkot

Sukkah Building - Sunday, September 15

Shacharit (morning) Minyan 9:00 AM
Breakfast 9:30 AM
Sukkah Building/Decorating 10:00 AM

Sukkot I - Thursday, September 19

Shacharit (morning) Services 9:30 AM
Please join us for brunch in the Sukkah.

Sukkot II - Friday, September 20

Shacharit (morning) Services 9:30 AM
Please join us for brunch in the Sukkah.
Kabbalat Shabbat Service 7:30 PM

Chol HaMoed Sukkot - Saturday, September 21

Shabbat/Festival Morning Services 9:30 AM
Please join us for Kiddush in the Sukkah.

Hoshanah Rabbah/Shemini Atzeret

Erev Shemini Atzeret - Wednesday, September 25

Minchah (afternoon) Service 6:00 PM
Followed by the traditional Lulav Smashing!
Ma'ariv (evening) Service 6:30 PM
Please join us for Pizza-in-the-Hut!

Shemini Atzeret - Thursday, September 26

Morning Services (including Yizkor) 9:30 AM

Simchat Torah

Erev Simchat Torah - Thursday, September 26

Minchah (afternoon) Service 6:00 PM

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Ma'ariv (evening) Service. 6:15 PM
Flags, candy apples, music & dancing with the Torah!

Simchat Torah - Friday, September 27
Morning Services with Hakaftot 9:30 AM

Thank you for sharing the Holidays with us!

The Kerhonkson Synagogue

26 Minnewaska Trail • Kerhonkson, NY 12446

Synagogue Phone: 845-626-7260
Website: www.Kerhonkonsynagogue.org

Services are with our Spiritual Leader
Rabbi Sally Shore Wittenberg
President governed by our Synagogue board
Goldie Golderg
thousanddances@yahoo.com
Glenn Pomerantz email: gapref@yahoo.com

September Holiday Services - A Sweet New Year to All

Rosh Hashanah
Rosh Hashanah Eve - Wednesday, Sept. 4
Evening Service 7:00 PM

Rosh Hashanah - Thursday, Sept. 5
First Day Service 10:00 AM

Rosh Hashanah - Friday, Sept. 6
Second Day Service 10:00 AM

Yom Kippur
Kol Nidre - Friday, Sept. 13
Service 6:45 pm Sharp

Yom Kippur - Saturday, Sept. 14
Yom Kippur Day Service 10:00 AM
Yom Kippur Eve (Neilah) 5:00 PM until sunset
Break Fast & Havdalah follows service.
All are welcome, No Ticket Needed!

Sukkot - Friday, Sept. 20
Kabbalat Shabbat Service 6:30 PM
Service followed by pot luck supper in the Sukkah

Jewish Congregation of New Paltz Kehillat Ahavat Achim

Rosh Hashanah and Yom Kippur services will be held
in our synagogue at 8 Church Street, New Paltz
Parking is available in our large Community Center lot
down the block at 30 North Chestnut Street.

Our Synagogue is handicapped-accessible

All are welcome to our services,
luncheon and break-the-fast

E-mail: npshul@hvc.rr.com
website: www.jewishcongregationofnewpaltz.org

Rabbi William Strongin - 845-616-7403
Susan Cohen, President

Rosh Hashanah
Erev Rosh Hashanah - Wednesday, September 4
Services 7:30 PM

Rosh Hashanah - Thursday, September 5
Services 9:30 AM
Children's Service ages 5-8: 10-11 AM
ages 9-12: 11:15 AM-12:15 PM

Tashlich at the Wallkill River
following services approx. 12:30-1 PM
Rosh Hashanah Luncheon in the Community Center
following Tashlich

Rosh Hashanah - Friday, September 6
Service 10:00 AM

Yom Kippur
Erev Yom Kippur - Friday, September 13
Kol Nidrei 6:30 PM

Yom Kippur - Saturday, September 14
Services 9:30 AM
Children's Services ages 5-8: 10-11 AM
ages 9-12: 11:15 AM-12:15 PM

Yizkor & Ne'liah Services 5:15 PM
Potluck Break-the-Fast in the Community Center
following services.
(Please bring a dairy/vegetarian dish to the Community
Center before coming to Shul.)

Sukkot
Sukkah Building &
Potluck Luncheon - Sunday, Sept. 22 11:00 AM

High Holy Days Schedule of Services 5774

at the Community Center. All are welcome! Come help build and decorate our sukkah and join in the festive meal.

Sinchat Torah - Friday, Sept. 27

Service & Children's Service 7:00 PM
at the Synagogue. Come sing and dance with the Torahs at this highly festive service. We will unroll the Torahs and examine the very first and very last passages. Lots of fun with our band of musicians! Bring your children! All welcome.

Shanah Tovah!

Temple Emanuel

243 Albany Avenue, Kingston, NY 12401
Rabbi's Study: 845/338-4384, ext 102
Office: 845/338-4271, ext 101

E-mail: templemanuel@hvc.rr.com
Rabbi's E-mail: rabbiromer@hvc.rr.com
Website: www.templemanuelkingston.org

Rabbi Yael Romer • Cantor Robert Cohen
President Ric Lewit
Religious School Director Julie Stein-Makowsky

Temple Emanuel invites you to join us and bring in the New Year together! Child care will be offered during Rosh Hashana & Yom Kippur mornings. Please visit our website or call our main office for tickets and a complete schedule of Holy Day Services and Events.

Selichot

Elul Observance of Selichot Rituals: Incorporated into the observance of Selichot rituals with the sounding of the shofar just prior to Friday night services starting on August 9/Elul 3.

Erev Selichot Havdalah - Saturday, August 24

Candle Lighting Service 7:30 PM
A musical experience of melody & meditation integrated with Selichot prayers.

Rosh Hashanah

Erev Rosh Hashana - Wednesday, Sept. 4

Evening Service 7:30 PM

Rosh Hashanah First Day - Thursday, Sept. 5

Morning Service 9:30 AM

Junior Congregation Service 10:00 AM
Led by Junior members of our congregation for youth from 6th Grade through 12th Grade.
Children's Service 2:00 PM
Kiddush follows Children's Service approx. 3:00 PM
Tashlich Service leaves Temple Emanuel 3:30 PM
refreshments to be served after the Tashlich Service.

Rosh Hashanah Second Day - Friday, Sept. 6

Morning Service 10 AM
New Year return to nature on the Poet's Walk in Rhinebeck: a guided walk around the circuit with prayers & meditation, culminating at about 12PM with a 1/2 hour service & sounding of the Shofar in the Gazebo. Meet at the Poet's Walk Parking lot in Rhinebeck at 10AM.

Young Families Monthly Snacks & Crafts - Friday, Sept. 6

Tot Shabbat Families will meet in the Social Hall from 5 to 6pm on the First Friday of the Month for some light vegetarian snacks and kid's crafts before the early evening service.

Shabbat Shuvah

Shabbat Shuvah - Friday, Sept. 6

Early Evening Service 6:00 PM

Shabbat Shuvah - Saturday, Sept. 7

Morning Minyan 10:00 AM

Yom Kippur

Erev Yom Kippur - Friday, Sept. 13

Kol Nidre Service 7:00 PM
Please arrive for seating by 6:45PM; Kol Nidre begins promptly at 7:00PM. Doors will re-open for late seating after the Kol Nidre prayer.

Yom Kippur - Saturday, Sept. 14

Morning Service 9:30 AM
Junior Congregation Service 10:00 AM
led by Junior members of our congregation for youth from 6th Grade through 12th Grade.
Meditation 1:00 PM
Children's Service 2:00 PM
Afternoon Service 3:30 PM
Yizkor Memorial Service 4:30 PM
Concluding Neilah Service 5:30 PM
Break the Fast Kiddush will follow the Neilah Service.

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Sukkot

Sunday, Sept. 15
Sukkah Building 10:00 AM

Wednesday, Sept. 15
Potluck Dinner in the Sukkah 6:00 PM to 7:30 PM
Potluck will be moved into the building if there is inclement weather.

Thursday, Sept. 19
Sukkot Festival Morning Service 10:00 AM

Sunday, Sept. 22
Sukkot Brunch 11 AM to 1 PM
Celebrate Sukkot & have brunch in Rabbi Romer's Sukkah at her home in Rhinebeck.

Friday, Sept. 27
Yizkor Memorial Service 7:00 PM

Simchat Torah Service at 7:30 PM
WRAPPING THE TORAH: Experience a mystical encounter with our Torah Scroll, as it is unfolded and wrapped around our congregation.

Saturday, Sept. 28
Festival Service 10 AM
Hakafot Celebration &
Kabbalat Torah (Consecration) 11AM to 12:30 PM

Kehillat Lev Shalem

Woodstock Jewish Congregation

1682 Glasco Turnpike • Woodstock, NY
845-679-2218

Come join us. Everyone is welcome.
www.wjcsul.org - Karen@wjcsul.org

Rabbi Jonathan Kligler
Karen Tashman, Executive Director
Jon Lewis, President

Throughout The High Holy Day Season and all year long, everyone is welcome! The High Holy Days give us the opportunity to remind the community that our doors (tent) are open to everyone, at all times. Please check our website for High Holy Day registration & parking information. The service schedule is as follows:

Rosh Hashanah

Erev Rosh Hashanah - Wednesday, Sept. 4
Services 7:00 PM

Rosh Hashanah - Thursday, Sept. 5
Services 10:00 AM
Children's Service 10:30 AM
Tashlich following Kiddush

Rosh Hashanah - Friday, Sept. 6
Service 10:00 AM

Yom Kippur

Erev Yom Kippur - Friday, Sept. 13
Kol Nidre 7:00 PM

Yom Kippur - Saturday, Sept. 14

Morning Service 10:00 AM
Children's Services 10:30 AM
Yizkor 12:00 PM
Musaf 2:30 PM
Reading of the Book of Jonah 4:30 PM
Neilah 6:00 PM

Sukkot - September 18 - Sept. 25

Our Sukkah is open throughout the holiday, please feel free to come "dwell" in our sukkah on your own time throughout the week. Remember our Sukkah and building are dairy/vegetarian.

Erev Sukkot - Wednesday, Sept. 18

Potuck Dinner 6:00 PM

Sukkot (1st Day) - Thursday, Sept. 19

Service 10:00 AM
Followed by a potluck lunch. Come shake lulav and estrog with us!

Shabbat Community - Saturday, Sept. 21

Service 10:00 AM
Following by a Potluck Sukkot lunch in the Sukkah.

Shmini Atzeret & Simchat Torah - Thursday, Sept. 26

Shmini Atzeret/Yizkot Service 10:00 AM
As Sukkot comes to an end join us for a Yizkor (memorial) service, in remembrance of our loved ones.

Simchat Torah Service 6:00 PM
Come enjoy Simchat Torah Hakafot. Join in singing, dancing, and celebrating with the Torah.

Congregation Agudas Achim

"Where All Are Welcome"

254 Lucas Avenue • Kingston, NY 12401
Telephone/Fax: 845-331-1176
www.ChabadUlsterCounty.org

Stay up-to-date and follow us on twitter @RabbiHecht

Rabbi Yitzchok Hecht

Rabbi AB Itkin

Bruce Tuchman & Howard Vichinsky, Co-Presidents

CALENDAR OF EVENTS

Be A Minyan-Aire: Every Tuesday @ 8am Sharp followed by great coffee & Kosher Danish.

Services: Friday evening Shabbos services begin 10 minutes after candle lighting. Shabbos morning services at 9:00am, followed by Kiddush with vegetarian cholent.

Hebrew School of Ulster County: Contact us for more information; 845. 331.1176

Jewish Women's Circle of Ulster County is an opportunity for Jewish women in our area to meet new friends, socialize and learn in an informal setting. Check it out and see what it's all about! For more information please call Dena Crane at 845-246-0177.

Women's Tea & Torah schedule, Shabbaton's and other events: Please check our website for updates on our ongoing classes www.ChabadUlsterCounty.org

Sisterhood by Shirley Crystal

Sisterhood Gift Shop: The Sisterhood Gift Shop is stocked with a wonderful selection of Judaica to enhance your home and for gift giving for the holidays and all during the year.

Our holiday selection includes kiddush cups, challah covers, honey servers, kipots, talleism, tallis bags, havdalah candles, hand washing cups, holiday books and, of course, our food choppers.

Everyone making a purchase during the month of September, 2013 will receive a 10% discount on their purchase. For an appointment, contact Shirley Crystal at 331-4646.

Kiddush: Kiddush is provided following services on Shabbos and holidays. To sponsor a kiddush for a birthday, anniversary, yahrzeit, or other occasion, contact Shirley Crystal at 331-4646 or Rosemary Lewis at 331-0766.

Tree of Life: The Tree of Life is located in the front lobby of the synagogue. Leaves on the Tree of Life are available for purchase for your special occasion such as a birth, wedding, special birthday, anniversary or other special event.

Contact Lorraine Trast at 331-3513 for further information.

Memorial Plaques: The yahrzeit board is located in the sanctuary of the synagogue. Plaques for a deceased loved one may be ordered by contacting Barbara Blas at 338-3499.

Tribute Cards: To send a card In Honor of, In Memory of, or other special occasion, contact Brenda Fletcher at 338-5980 or Rosemary Lewis at 331-0766. For a nominal fee the card will be mailed for you.

Congregation Ahavath Israel

*"The mind is not a vessel to be filled,
but a fire to be ignited." Plutarch*

100 Lucas Avenue • Kingston, NY 12401
845-338-4409

www.ahavathisraelkingston.org
Email: ahavath.israel@gmail.com

Cantor Devorah E. Gartner

cantordevorah@gmail.com

Rebecca Balzac, President

rbalzac@hvc.rr.com

Our Community

Congregation Ahavath Israel is joyfully celebrating its 107th year here in the beautiful Hudson Valley.

A proud member of United Synagogue of Conservative Judaism (USCJ), we are a completely egalitarian congregation. We welcome everyone to participate fully. From leading services to sponsoring a program, from teaching a class to helping cook a Shabbat dinner, our entire congregational family is encouraged to work together to enhance the rich, spiritual life of our community.

Our multi-generational membership comes from many diverse backgrounds, creating a dynamic atmosphere for learning, worship, celebration, and social action. We actively encourage both interfaith and non-traditional families to become a part of our community. We believe that there is a place here for everyone whose vision is that of a world where we truly "...love our neighbor as we love ourselves."

Spiritual Life @ CAI

We are pleased to welcome Cantor Devorah Gartner as our new, full-time congregational leader. Along with our active lay leadership, Cantor Devorah will be leading Shabbat and holiday services throughout the year, adding her lovely voice to our warm and inclusive worship services. Please see our newly updated website for our complete yearly calendar.

Holiday Celebrations & Services:

One of our favorite things to do here at CAI is come together to celebrate our heritage through our holidays. We invite you to join us for our many exciting programs and services throughout the year from the High Holy Days to Chanukah, Tu b'Shevat to Purim to Pesach, and all the way through to Shavuot. Please see our website for our full calendar.

Kabbalat Shabbat Services:

Friday evening services are at 7:30pm.

One Friday evening per month we have **Early Services at 6:15pm**, followed by a communal **Shabbat Dinner**, replete with singing, storytelling and excellent food. Please see our website or call our office for schedule and reservation information.

Every other month (October, December, February, April, and June) on the third Friday, we offer a **Friday Evening Learner's Minyan**. Enjoy our wonderful Kabbalat Shabbat service with explanations and interactive discussion on prayers and practices.

Shabbat Morning Services:

Saturday morning services are at 9:30am. Services include Torah readings and teachings on the portion of the week.

Every other month (November, January, March, and May) on the third Saturday, we offer a **Saturday Morning Learner's Minyan**. Enjoy our wonderful Shabbat Shacharit service with explanations and interactive discussion on prayers, practices and Torah.

Lifelong Learning @ CAI

It is our pleasure and privilege to host the brand new **Center for Independent Judaic Studies (CIJS)**. Opening in September, the **Center** will offer classes and programming open to the entire community, children and adults, both Jewish and non-Jewish. Membership is free and all classes and programs are on a pay-as-you-go basis. Please see our website for our full schedule of program descriptions and prices or contact Cantor Devorah Gartner for more information.

Jewish Congregation of New Paltz

Kehillat Ahavat Achim

Synagogue/Sanctuary:
8 Church St., New Paltz 12561
Community Center:
30 N. Chestnut St., New Paltz
Mailing Address:
P.O. Box 577, New Paltz, NY 12561
Phone: 845-255-9817

E-mail: nps Hul@hvc.rr.com
website: www.jewishcongregationofnewpaltz.org

Rabbi William Strongin - 845-616-7403
Susan Cohen, President

Kehillat Ahavat Achim, the Jewish Congregation of New Paltz, is a Reconstructionist Synagogue. Reconstructionist Judaism is a progressive, contemporary approach to Jewish life that integrates a deep respect for traditional Judaism with the insights and ideas of contemporary social, intellectual, and spiritual life. We follow egalitarian and participatory practices. Please join us for Shabbat services and the following events!

Services

Shabbat Services:

Join us every Friday evening at 7:30pm for *Kaballat* Shabbat services at the synagogue. Special Saturday morning Torah services are also held periodically, and Shabbat Torah services that include *b'nai mitzvah* are held throughout the spring and fall. These all begin at 10am at the synagogue; please call our office 255-9817 for upcoming dates. Our custom *siddur* contains transliterations for all prayers, as well as helpful explanatory notes regarding the service, making it very "user friendly." *Oneg Shabbat* is sponsored by different families each week. Once a month our JCNP Choir will participate in leading services, with new songs and instrumental music. All are welcome!

Family Services:

The first Friday of each month is a family Shabbat service. This is a warm, participatory, child-centered service, which begins at 7:00pm. Hebrew school classes assist in leading these services. Upcoming dates: September 27 (delay due to holidays), October 18, November 1, December 6.

Junior Congregation:

For children in grades 3-7. Kids only! Led by Robin Torres, our Junior Congregation services are also led in part by the children themselves, and the kids love it. Monthly, 7:30pm at our community center.

Adult Education

Torah Study:

Torah study of the weekly *parsha* with Rabbi Bill is on Monday

evenings from 7:00-8:30pm in our Community Center library. The Torah is our starting point but not necessarily our end point. Discussions vary and develop with the wishes of the participants — textual, historical, political, and spiritual. Whatever evolves, it is always lively and interesting. All welcome. Join us for stimulating discussions.

Community Luncheons:

These very popular monthly luncheons (planned with seniors in mind, but open to all adults) feature a healthful, seasonal menu expertly and tantalizingly prepared by our resident chefs. Great food, lively conversation, beautiful table settings! Bring your friends! Members \$9, non-members \$14. Reservations required. For reservations, next luncheon date, or additional information, contact Myra Sorin at 255-5016 or msorin@hvc.rr.com.

Chaverim Arts Children’s Program:

Lots of fun and Jewish learning for our little ones with Jewish music, arts activities, and dance for Pre-K through first grade children. Program run by Linda Brotman, with music and art specialists. Meets one Sunday a month from 9:30am-11am. This fun and lively program is open to all in the community. Call Teri Gil at 845-255-2516 or Betty Marton at 845-256-9040 for more information. Upcoming dates: September 23, October 6, November 3.

Hebrew School:

At the Jewish Congregation of New Paltz, we have a vibrant and active Hebrew School: the Dorothy Soloman Ross School of Jewish Studies. Current enrollment is 60 students. Our curriculum provides the young people in our congregation with opportunity to acquire a strong foundation in Jewish study and practice, as well as Hebrew language, over an 8 year period, so that they may proudly identify with their Jewish heritage and culture. If you are interested in enrolling your child in our Hebrew School, or would like additional information, please call our office at 845-255-9817, or our Hebrew School Committee chairs Teri Gill at 85-255-2516 or Betty Marton at 845-256-9040.

PEACEFUL THUNDER



Deborah Cohen R.N.,M.S.

Life Coach

914-466-8024
deb@deblifecoach.com
www.deblifecoach.com

**Congregation Tiferet
 Yehuda V’Yisrael
 Kerhonkson Synagogue**

26 Minnewaska Trail • Kerhonkson, NY 12446

Synagogue Phone: 845-626-7260
 Website: www.Kerhonksonsynagogue.org

Services are with our Spiritual Leader
Rabbi Sally Shore Wittenberg
 President governed by our Synagogue board
Goldie Golderg
thousanddances@yahoo.com
 Glenn Pomerantz email: gapref@yahoo.com

Worship Services

October Service:

Shabbat Service and Torah Study

Saturday, October 12 10:00am
 Bring a Kosher Dairy or Parve dish to share for Kiddish.

November Service:

Shabbat Service*

Saturday, June 8 10:00am

Shabbat Service and Torah Study:

Saturday, November 9 10:00am
 Bring a Kosher Dairy or Parve dish to share for Kiddish

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 Rabbi's Study: 845/338-4384, ext 102
 Office: 845/338-4271, ext 101

E-mail: templemanuel@hvc.rr.com
 Rabbi's E-mail: rabbiromer@hvc.rr.com
 Website: www.templemanuelkingston.org

Rabbi Yael Romer • Cantor Robert Cohen
President Ric Lewit
Director Julie Stein-Makowsky Religious School

Temple Emanuel is a Reform Congregation with an open door policy; we invite you to join us for weekly services, holidays, festivals and celebrations throughout the year.

CALENDAR OF EVENTS

Temple Worship Services

Early Kabbalat Shabbat Service

(1st Friday of each month) 6:00pm

Friday Kabbalat Shabbat Service 7:30pm

(Families of all ages join in a vibrant and moving celebration of the Sabbath)

Musical Shabbat (3rd Friday of each month) 7:30pm

Shabbat Service with Zemer Choir

(4th Friday of each month) 7:30pm

Saturday Morning Minyan Service

(September through June) 10:00am
 (Children are always welcome at all services and we provide soft toys for little ones)

Rhinebeck/Red Hook Sabbath Celebrations:

Select holidays throughout the year including Second Day of Rosh Hashannah, Sukkot & Tu B'Shevat held in the Rhinebeck/Red Hook area. **Rhinebeck Meditation & Torah Study** held weekly on Thursday mornings through the end of June.

Tot Shabbat: From 9am to 9:30am on select Saturday mornings once a month before morning services through June. Tot Shabbat is a great way to introduce your young child to Temple life, join other pre-school children and their parents and enjoy a warm and exciting program of song, dance and Jewish stories.

Lunch with the Rabbi - October 1, November & December 3:

Join Rabbi Yael Romer the first Tuesday of most months from noon to 1:30pm for food for the body and food for the soul.

Adult Education with the Rabbi:

- Talmud Pirke Avot, 11:15am to 12:15pm, most Wednesdays, September through June.
- Hebrew Trope: 12:30 pm to 1:30 pm, most Wednesdays, September through June.
- Private Conversion Tutorials.

Our Esteemed Religious School starts with a new Sturday schedule on Saturday, September 21:

Integrating Sabbath rhythms for PreKindergarten through 10 Grade students and includes an esteemed B'nai Mitzvah & Confirmation program. The new Shabbat course is led by our phenomenal returning and new staff. Using the URJ's Chai Curriculum and Hebrew course, enhanced by Art, Music & Dance, the school day also includes a youth-led service with prayer, song and dance, allowing your child to learn with his/her peers in a warm, lively environment. A mid-week drop in is available for a Hebrew make-up session on Wednesday afternoons for 3rd thru 7th Grades. Contact our Religious School Director, Julie Stein-Makowsky at 845-338-4271, ext. 110 for more information.

B'nai Mitzvah Program: Text and Commentary Study, group learning and individual tutoring.

Confirmation Study: Study for young adults in 9th & 10th grades with the Rabbi and Teachers. Held on scheduled Wednesdays during the school year.

Gift Shop: The Gift Shop is open for select events and on some weekends for purchasing items, during weekly office hours, or by special appointment.

Social Action: We are blessed to have a warm caring community that helps others in their time of need through the workings of the soup kitchen, pre-holiday group visits to nursing homes throughout the Hudson Valley, an annual food drive, and the joint project "Rebuilding Together" with our neighbors St. John's Episcopal Church.

Youth Group: Temple Emanuel's local chapter of NFTY - TESTY, meets on select days once a month. For students in 8th grade & up, members participate in exciting monthly events and yearly field trips.

Ongoing Programs

- **Tone with Sloane: "SPA"** (Stretch/Pilates/Abs) Tuesdays– Beginner level at 10:30am, Intermediate/Advanced levels at Noon. *Pilates is a form of exercise that is highly effective for increasing flexibility, lengthening, strengthening and toning your body without bulking up or stressing joints.* **"Sculpt & Stretch"** Thursdays at noon – All fitness levels *Improve muscle tone, posture, balance and strength during this fun and challenging head to toe conditioning class.*

Book Club: Meets one Tuesday a month at 1pm at a member's home. *My Name Is Asher Lev* by Chaim Potok will be discussed on Tuesday, October 8 at 1pm at the home of Anita Kantor.

Talmud Pirke Avot: 11:15am to 12:15pm, most Wednesdays through June.

Hebrew Trope: 12:30pm to 1:30pm, most Wednesdays through June.

Bingo: Held every Wednesday - Doors open at 5:00pm, cards sold at 6:00pm, game starts at 7:00pm.

Rhinebeck Meditation & Torah Study: Held weekly on most Thursday mornings through June. Led by Rabbi Yael Romer, Meditation beginning at 8:45am followed at 9:15am with Weekly Torah Study. Welcome your day with a Morning Ritual that prepares you to receive a day's blessings with fullness, center & breath. Exploring our Jewish Traditions, this morning ritual will integrate Meditation, Prayer & Study as part of an alternative morning Practice. Explore your Jewish Journey with a progressive egalitarian approach & learn about what our Congregation has to offer.

Special Serices & Events

Rummage Sale: Sunday, October 20 from 10am to 3pm.
Bag Sale Monday October 21 from 10am to 2pm.

Interfaith Thanksgiving Community Service: Tuesday, November 19 at 7pm.

Annual Congregational Meeting: Saturday, Dcember 7 at 1:30pm.

Hanukah Happening: Saturday, November 23 at 12:30pm-2:30pm.

Chanukah Community Candle Llighting Service & Story Telling & Concert: Friday, November 29 at 6pm.



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Kehillat Lev Shalem

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Come join us. Everyone is welcome.
www.wjcshul.org - Karen@wjcshul.org

Rabbi Jonathan Kligler
Karen Tashman, Executive Director
Jon Lewis, President

CALENDAR OF EVENTS

Shabbat Service Schedule: Friday Night Services begin at 6:00pm. until March (when the clocks change) and then go back to a start time of 7:30pm. First Friday of every month, service begins at 6pm and is followed by a dairy/vegetarian community potluck dinner. Everyone is welcome.

Shabbat Morning Services: Services begin at 10am year round. Everyone is welcome.

Yiddish Vinkl: Wednesdays 10:00am-noon

If you are interested in spending time enjoying the sounds of Yiddish, come join us on Wednesday mornings at the Woodstock Jewish Congregation. Whatever your background, secular or religious, beginner or experienced, come! The variety is what makes this Yiddish table so rich. Chane is modest, but we think she is a real expert on Yiddish language, culture, and music, not to mention that she is also a lot of fun! This class is free and open to all.

Contemplative Meditation with Gail Albert:

Thursdays 11:00am - 12:15pm

Visiting the Torah as a transformative spiritual workbook, Gail Albert follows a continuous narrative from Genesis through Deuteronomy at a deep level of interpretation. Following this narrative week-by-week as it gradually opens our hearts and minds to the Mystery we call God or Life-Unfolding. Gail helps us move from fear and disconnection to love and equanimity in our daily lives as she guides us in focused contemplation of each week's parshah.

Jewish Spiritual Teachings with Rabbi Jonathan:

Thursdays, 12:15pm - 2:00pm

These classes are free and open to all. We always appreciate your donations! Parshat Hashavua – Spiritual insights from the Weekly Torah Portion.

Woodstock Jewish Congregation...

Family School Enrollment: The 2013-2014 School year is just kicking off. Woodstock Jewish Congregation Family School is a Religious School that involves the whole family. The WJC Family School mission is to engage our families in our loving and caring community; to help our families to create a foundation of literacy for all; and to establish an environment that will allow our families to explore and reflect their Jewish learning and practice. New enrollments are welcome. Dee Graziano, Education Coordinator, welcomes any interested family to contact her to learn more about the Family School. She can be reached at the Woodstock Jewish Congregation at 679-2219, ext. 6 or by email at familyschool@wjcshul.org.

Keter Shem Tov Honoring Dan Leader:

Save the date – plan to join us on Saturday evening, November 9 at Diamond Mills as we honor Dan Leader at our Annual Keter Shem Tov (Crown of a Good Name). Reservations for this year's Dinner of Honor are accepted through the synagogue office. Please contact Anna at info@wjcshul.org to make your reservation.

Chanukah Activities: The Woodstock Jewish Congregation will host a gathering on Sunday, November 24 from 1pm-4pm. Everyone is welcome to join in this fabulous afternoon of make your own candles and menorahs, Chanukah activities, Chanukah Gift Sale, singing, snacks and a dramatic story or two from Rabbi Jonathan Kligler. Good for all ages! For more information, visit our website at www.wjcshul.org.

Israel Trip December 2013:

The Woodstock Jewish Congregation has planned its next Israel Trip for December 18-31, 2013, with a very exciting itinerary. It covers an impressively broad swath of Israeli culture, politics, nature and society. This is not your typical tour of Israel. In addition to touring the sites of the country, we will be meeting with secular Jews in Tel Aviv who are creating their own spiritual approach to Judaism; an Arab/Jewish youth circus troupe in the Galilee; African asylum seekers; Palestinian Authority officials in Bethlehem; Jewish residents of the Etzion bloc in the disputed territories...and much more. What an amazing opportunity to experience a true cross section of the complex and vibrant society that is modern Israel. For information and registration materials, please visit our website at www.wjcshul.org/israel-trip-2013.

What is Kol Nidre?

The Meaning of Kol Nidre on Yom Kippur

Kol Nidre is the name of both the opening recitation on Yom Kippur and the name for the evening service that announces the beginning of the holiday. Yom Kippur is one of the most important Jewish holidays and is traditionally believed to be the day upon which God determines the fate of each person for the coming year. For many Jews, hearing Kol Nidre is a defining part of the Yom Kippur experience.



The Meaning of Kol Nidre

Kol Nidre means "All Vows" in Aramaic. When reciting Kol Nidre one asks God to annul any vows that were made either unintentionally or under duress. For instance: a promise made through careless use of words ("God, if I pass this exam I promise I'll pray every morning.") or because a person was forced to use God's name as part of an oath. Historically speaking, a vow made under duress would include Jews who were forced to convert to Christianity during the Spanish Inquisition.

Kol Nidre only cancels vows made to God—not promises made to other people. This is an important distinction to make since, over the centuries, anti-Semites have periodically attempted to use Kol Nidre as an example of Jews being

untrustworthy. During the mid-1600's misconceptions about Kol Nidre became so problematic in Russia that an introductory paragraph was even added to prayer books specifically stating that Kol Nidre only applied to promises between an individual and God.

Although Kol Nidre is usually referred to as a prayer, it is technically a legal formulation meant to release individuals from fulfilling certain promises. It must be recited at sunset because according to Jewish law, legal matters may not be attended to during Shabbat or during festival holidays like Yom Kippur. Kol Nidre is said three times in accordance with the customs of ancient Jewish courts, which

would say "You are released" thrice when an individual was released from a legally binding vow.

Given Kol Nidre's legal formulation there have been attempts to eliminate it from the standard Yom Kippur service. However, the melody that accompanies the recitation of Kol Nidre is so beautiful that it has become a significant part of the Yom Kippur experience.

Beyond tradition and melody, Kol Nidre serves as a reminder that we should be careful of the vows we make and strive to fulfill those that are made. As author Lesli Koppelman Ross writes, "During this declaration (Kol Nidre) we should think about what our word really means, not only to ourselves but to anyone who trusts us based on what we say."

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Fall Promotion



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Dates: September 13 through November 30, 2013

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*40% of purchase price will be donated to the Federation, 60% to the artist

Ulster County Kosher Meat Deliveries Schedule 2013-2014

The Colonie Price Chopper Kosher Department will be continuing delivery of special order kosher meat to their Saugerties store for the next year.

- ★All orders prepaid and delivered fresh.
- ★All fresh kosher meat orders under supervision of the Vaad HaKashruth of the Capital District.
- ★No delivery charge. Same prices as at Colonie store.
- ★Monthly specials also available for delivery at Colonie store special prices.
- ★Any cut available at Colonie store Kosher butcher available for delivery
- ★Also all items in the Kosher section including Deli, groceries and frozen foods also available for delivery. Check with Colonie Store.
- ★Pre-order by calling Call the Kosher meat department at the Colonie store at 1-800-727-5674.

Schedule 2013-2014	
Order by date	Delivery date
August 25 th 2013	August 29 th 2013 (Rosh Hashanah)
September 8 th 2013	September 12 th 2013
October 13 th 2013	October 17 th 2013
November 17 th 2013	November 21 th 2013
December 15 th 2013	December 19 th 2013
January 19 th 2014	January 23 th , 2014
February 16 rd 2014	February 20 th 2014
March 23 rd 2014	March 27 th 2014 (Pesach)
April 20 th 2014	April 24 th 2014
May 18 th 2014	May 22 ^h 2014
June 15 th 2014	June 19 th 2014
July 20 th 2014	July 24 th 2014

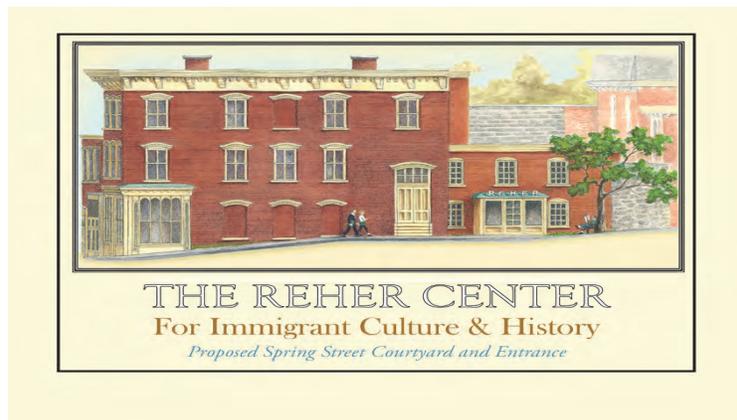
Delivery dates and other updates will be available on the UCJF website



Jewish Federation of Ulster County does not specifically endorse Price Chopper or Vaad HaKashruth of the Capital District, but provides this information as a service to the Jewish community



BUILDING A GREAT MUSEUM... ...BRICK BY BRICK



Kingston, New York's first capital, and especially the Rondout District, was built to a large extent with the hard labor and indomitable spirit of its immigrants.

Because there is a real need, especially for our young people and visitors to Kingston, to understand the many contributions of our immigrant ancestors, **The Reher Center for Immigrant Culture and History** has been established at 101 Broadway at Spring Street at the site of the historic Reher Bakery next to ASK in the Historic Rondout District.

Once it is restored The Reher Center will be a museum depicting the bakery as it was over the many years when it provided breads and rolls to the inhabitants of the community. It will contain rare early printed records, paintings and photographs, and a video record of learned and remembered personal local stories. The Reher Center will also display exhibits featuring the various immigrant groups that have contributed to the development of our community.

The main courtyard of the museum will be paved with 100 locally produced **Dedication Bricks** donated by people who understand the importance of preserving and keeping alive the record of our city's beginnings and growth. People who honor the memory of those of their family who first came to America.

People like you.

The Dedication Bricks are far more than decorative. Their proceeds will be instrumental in securing the outer "envelope" of the existing building and protecting it from deterioration by helping to obtain matching grants from New York State. ***The proceeds of each brick purchased will be matched dollar-for-dollar by our grant.***

Until they are installed permanently in the museum's courtyard, the bricks will be displayed in the window of the Reher Bakery, and you will receive a certificate for recognition for your contribution to this important community project.

You can be a vital part of the birth of this exciting museum, which will celebrate Kingston's cultural diversity and immigrant past. When you purchase a Dedication Brick (or Bricks) your name and/or the names of your loved ones will become a permanent feature of **The Reher Center for Immigrant Culture and History** and will be a permanent record of your community spirit and dedication to preserving the rich immigrant heritage of our great city.

Help us build this great museum...brick by brick. Order yours now.

YOUR DEDICATION BRICK

Each 4" x 8" paving brick is made of high quality material specially designed for this purpose. Your personally chosen dedication will be permanent laser engraved on your brick as a lasting tribute for generations to come.

The cost of each brick is \$125 and can contain up to three lines of text. Each line of text may have a **maximum** of 16 characters and spaces. You can also purchase an 8" x 8" double brick for \$250 which can contain up to six lines of text with a maximum of 16 characters and spaces of text per line.

Please carefully consider the wording of your dedication so as to not exceed the maximum number of characters and spaces. Some people choose to use abbreviations such as I.M.O. (In Memory Of) or I.H.O. (In Honor Of) to better utilize the available space.

Once your brick has been expertly engraved it will be displayed in the bakery window and you will receive a certificate of recognition. When the bakery restoration has been completed and the entrance courtyard has been installed and landscaped you will be invited to an exclusive dedication ceremony program. Please provide all the requested contact information below.



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Please write "Reher Bricks" on the memo line.